

# Top 10 reasons to get a mentor

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There are multiple reports and research which indicate that mentoring has been associated with higher job satisfaction, higher promotion rates, higher future income, increased work success, and higher organisational retention rates.

People who get mentored by experienced leaders in a variety of industries can be set on the “right” path, better manage their conflict situations, make more strategic choices when at a career crossroad and better visualise positive outcomes for themselves the future.

Mentoring is a vital part in everyone’s career. Here is why:

## **1. Experience and improved perspective**

There is nothing like having someone that is more experienced than you who can provide a slightly different perspective to your issues. You may find that you are looking at things differently, too closely and at a restricted level. A mentor can help to “reframe” your perspective and improve your view of something that may be too close to you and your heart which creates clouded judgements

## **2. Mistake avoidance**

Making mistakes in the early part of our career is common. A mentor can provide great guidance to avoid mistakes with the way that you deal with people, handle difficult situations, making effective choices and taking a more strategic approach to things and to avoid making mistakes which down the track may hurt your career in the future

## **3. Long term goal setting**

Setting goals and planning is something that many young professionals do not do early enough. Having a mentor to develop a plan, set goals, actions and achievement timelines is crucial for strategic planning at individual level

#### **4. Benchmarking**

Benchmarking yourself against others is a great way to create success. Benchmarking is a proven method to lift work standards, set new performance targets and learn from the success of others for your benefit

#### **5. Networking**

The old “it’s who you know rather than what you know” applies equally today as it ever has. Having a mentor opens new networks, creates new doors to go through, and opens new people and possibilities which can help you get a dream job

#### **6. Inspiration**

Having an inspirational person in your life guarantees benefits at multiple levels. It improves your personal resilience, keeps you motivated and allows you to be inspired in your working career by having others to motivate you. Emotions are contagious, and in mentoring this is extremely true. Mentors often act as “pick me ups” to help lift you when you are faced with adversity or having a difficult time

#### **7. Emotional intelligence (EQ) development**

Mentors help develop self-awareness and self-control which are the first two stages of EQ. It is proven that leaders with high levels of EQ are promoted more frequently, ascend the corporate ladder faster and are paid higher remuneration rates

#### **8. Sounding board**

There is nothing like having a great sounding board to bounce ideas, issues and problems. Mentors can provide clarity and stability for you when faced with difficulties

#### **9. Getting to know how to create success**

Creating success by talking to others who have created success is crucial in any personal development. Success breeds success. Having mentors who have been successful and learning the “how” in terms of success allows self-awareness and benchmarking to modify your behaviours towards creating success bearing behaviours

#### **10. Problem solving with someone more experienced**

There is nothing like problem solving with others, particularly those more experienced than you to make the right choices and create better solutions to problems.

For more information on our mentoring program contact us at [enquiries@reachyoureverest.com](mailto:enquiries@reachyoureverest.com)